

Stara Polkica

(Pokuplje, Croatia)

A dance performed in couples as done in Pokuplje, Stara Polkica is part of an older stratum of couple dance. The source is festivals and video footage.

Pronunciation:

Cassette: Barry Glass Special Tape – Stockton 1996 2/4 meter

Formation: Couples scattered about the dance space. Shldr-waist hold with arms “rounded.” M’s arms are under.

Steps and Styling: A flat walk throughout. Step is light and natural. M begins with R and W with L. Two walking steps per meas. Throughout the dance, arms (and to a lesser extend the upper body) lean R on ct 1 of each meas and L on ct 2.

Meas

Pattern

- | | |
|-------|--|
| 1-4 | 8 walking steps, M moving fwd and W bkwd. |
| 5-8 | Reverse direction with 8 more walking steps. |
| 9-16 | Repeat meas 1-8. |
| 17-24 | 16 walking steps sdwd L and R (from M’s point of view). This is a kind of “rocking” back and forth. Couple makes about 2 turns CW during this. |
| 25-32 | Repeat meas 17-24 with opp direction (ftwk continues throughout).
Note: On last two steps of each direction, dancers may accentuate with light stamps (i.e., meas 24 and 32). |

Dance repeats from the beginning. Using the directional guidelines above, couple moves freely about the dance space.

Presented by Barry Glass